

Our July Social Has Been Cancelled.

Next Meeting: Monday August 10th at 6:30PM

The August meeting will be held by video conferencing on the Zoom platform. The topic: *Dealing with Hearing Loss in a Hospital Setting*, was the most requested program for our calendar year. There will be more information about the topic and the presenter in the August newsletter. Meanwhile, mark your calendar and plan to participate!

We hope that more of you will have the courage to explore video conferencing via Zoom, so we have a good turnout. If you'd like to try it in advance, let us know. We can set up a short trial for you to experience.

Margo Lucas provided CART Captioning for our June online meeting. It worked perfectly! Thanks Margo!! We will be using Margo's services however we meet.

In Lieu of Our Picnic...A Favorite Recipe from July 2019

Honeydew Cucumber Salad from Harriet Zuicker

Ingredients:Dressing:I Honeydew Melon2T Lemon Juice1 Cucumber¼ C Olive Oil1/2 Red Onion1t Honey

2T chopped Fresh Dill Fronds Salt & Pepper to taste

Instructions:

Whisk together dressing ingredients until blended. Set aside.

Cut melon. Remove seeds and rind and cut into chunks. Put in

bowl.

Cut cucumber into chunks and add to bowl.

Dice red onion and add to bowl.

Add dill and dressing and toss to mix.

Refrigerate until ready to serve.





July 2020

Snippets of Helpful Information...

Remote Adjustments to Hearing Aids....

Problems with hearing aids or cochlear implant processors can be fixed remotely, in many cases. Call your hearing healthcare professional if you're having problems. Don't put it off because you don't want an in person appointment. Isolation due to the inability to hear is unhealthy. Keep things up and running!

VA Making Remote Adjustments to Hearing Aids...

Jim Rau, member of the HLAA Virtual Veteran's Chapter who lives in Iron River WI, reports success with a virtual appointment from his VA Center that provided remote adjustments. He is very pleased with the outcome. To join the virtual veteran's chapter go to: www.hearingloss.org/hearing-help/communities/veterans

Read the HLAA Wisconsin Summer Newsletter...

The summer edition of the HLAAWI newsletter has a lot of information. Read about advocacy, scholarships for hard of hearing students, veteran's issues, types of captioning, coping in COVID19 times, accepting the reality of hearing loss, chapter activities in Wisconsin, reflections on the 2020 virtual Walk4Hearing, personal stories, and a whole lot more. It's posted on the home page at www.hlaawi.org HLAA is alive and well in Wisconsin!

2020 Margaret Ferris Scholarship Awarded

Justice Moore, graduate of Kimberly High School, is the recipient of the \$2000 Margaret Ferris Scholarship. Justice was born with profound hearing loss. Today she is a bilateral cochlear implant recipient who plans to attend UW Madison where she will major in Education and Spanish with a goal to teach English abroad or Spanish at the college level.

This scholarship is financially managed by the Community Foundation of the Fox Valley Region, but the award recipient is selected annually by a committee of HLAA Fox Valley Chapter.

We hope Justice will attend a future chapter meeting to share her experiences with us.

Margaret Ferris, a retired teacher of deaf and hard of hearing children became actively involved in Fox Valley Chapter in the early 80s. She was an inspiration to all who knew her. Margaret passed away several years ago, but her legacy remains through her generosity.

June Meeting Summary...

Hearing Loss & Relationships is always an interesting topic for discussion, and so it was for our June program. Sixteen people showed up for our Zoom videoconference. A few more had signed up but did not appear. If you had problems connecting, please contact Julie. She will be glad to help you with a private tutorial.

We'll zoom again in August.

We learned quite a bit by listening to a few family members who told of their concerns, along with a bit of good old fashioned humor. Michelle's daughter, Leanna, made some excellent points. She also learned more about the availability of technology that makes things



Michelle & Leanna Frishie

safer for a person who cannot hear alerting sounds when not wearing their hearing aids or cochlear implant processors.

This topic is very important for hard of hearing people and their friends and family members. We will revisit this one again.

Thank you Michelle and Leanna for moderating the discussion.

Have you Tried Mayo Clinic Connect?

Mayo Clinic Connect is an online community that connects people. Connect is organized into groups related to health conditions. There are over 50 groups, everything from About Kids & Teens and Aortic Aneurysms to Transplants and Women's Health. Connect offers a place where you can share your story and find support.

HLAA joined forces with the Ida Institute and the Mayo Clinic to form a Hearing Loss group on Mayo Clinic Connect. People from all over the world are participating on Connect's many topic groups. This presents an opportunity for you to reach out to help others, as well as a chance to ask questions and learn from them.



To view and join the Hearing Loss Group

Go to https://connect.mayoclinic.org/group/hearing-loss/

During this unusual time when we are unable to get together to hold regular meetings, we still have questions and the desire to talk to others about our hearing loss concerns, and help them with theirs. Mayo Clinic Connect may be able to help you fill that void.

> Never stop doing little things for others. Sometimes those little things occupy the biggest part of their hearts.



We Need Your Comments to Get Hearing Loops on US Rail Vehicles

Deadline for public comments: July 14, 2020—10:59 pm ET

The U.S. Access Board is updat-

ing its accessibility guidelines for rail vehicles under the Americans with Disabilities Act (ADA). In addition to improving mobility and vision challenges, the board is considering including hearing loops (induction loops) to assist people with hearing loss. For hearing loops to be included in the updated ADA guidelines, the Access Board needs to understand the demand for, and value of including hearing loops in new and remanufactured rail vehicles.

Our goal is to get 200 Comments positively spotlighting the importance of hearing loops in rail vehicles.

Post your comments here: Comment Now



Stay Engaged! Keep Learning!

National HLAA is holding biweekly Virtual Meetings by ZOOM to keep people with hearing loss informed and engaged. The next meeting is on **Saturday**, **July 11th** at 1 PM Central Daylight Time. The topic: "A Few Tech Things You Should Know NOW" These meetings are captioned. Each includes features a presentation from a guest speaker, question and answer exchanges from participants, hearing health tips and more.

Register in advance to participate.

https://zoom.us/.../regist.../
tZcufumprDltn 5iraKipHXXhq9BUIvHJA

Newsletter Update...

For another month, our newsletter will only be sent via e-mail. Once this crisis is over, or at least settles down, we will return to print and mail for those who



prefer to receive it that way. We ask those of you who have always received it via regular mail to let us know your preference so we can get our mailing procedures updated.

Meanwhile, please share our e-mail version with others. It prints well in grayscale, so you can share it that way too. You can help us stay connected. hlaafoxvalley@gmail.com

NOTE: Our newsletters are posted on FaceBook and also at www.HLAAWI.org, You'll find it on the chapter page there.

A Message from Madame Prez . . .

We are living in challenging times.

The priority of HLAA Fox Valley chapter during these challenging times must be to protect the health of our members by limiting face-toface meetings. Like you, I am disappointed



not to be able to see and support each other in person.

Rest assured that the chapter board of directors will continue to monitor the Covid-19 situation. When it is deemed safe, we will ease into rescheduling smaller group events like our HOPE and CI subgroups. Hopefully it won't be too long before our regular program presentations can resume at UUF.

In the interim, please take advantage of HLAA captioned seminars and meetings via the ZOOM video conferencing platform. It works quite well after you get the hang of it. Really.

Case in point; I learned a lot from the free "Experience HLAA" virtual event held online on June 18 and 19. The panel discussion on Regenerative Medicine revealed the exciting prospect that a newly discovered drug therapy may provide the missing second signal to stimulate damaged hair cells to regenerate. The three panel members had great chemistry. They were all doctors - but each one had expertise in a different area of the research. Pretty awesome to realize that one of the clinical trial sites for the drug therapy (after FDA approval, etc.) will likely be the Medical College of Wisconsin.



Do you miss the enhanced sound clarity of the hearing loop at UUF or at your church during the pandemic? I know I do. Join me in explaining how hearing loops increase your ability to hear and understand in a transportation setting.

Take advantage of the unique opportunity to advocate for hearing loops on train cars. But hurry - the deadline for comments is July 14. See the article on page 1.

Covid-19 has required Fox Valley HLAA chapter to cancel its well attended summer social at the Appleton Yacht Club this July. We all enjoyed the food and festivities last year. We supplemented the All American Burger Bar with baked beans, coleslaw, potato salad, and apple pie - compliments of the chapter treasury.

Members were encouraged to bring salads and/or appetizers to round out the menu. You definitely answered the call with some terrific recipes. Harriet's refreshing Honeydew Cucumber Salad was a big hit and uses up a bumper crop of garden cukes. Yummy!!. (See recipe on page 1.) We'll include Nancy's Cookie Salad in an upcoming issue.



Take care of yourselves. Stay well and stay safe.

Madame Prez aka Christine Klessig

P.S. Copies of the "Experience HLAA" virtual event presentations will be posted on the national website soon. Be sure to check out www.hearingloss.org when you have time. There's a lot of excellent information there.

The Sponsor Program is Fox Valley Chapter's Main

Fundraiser. Names will be added as donations are received.

NOTE: If your name or business is not listed correctly, please let us know immediately. If you would like to support the chapter this way, send your check to: HLAA-Fox Valley Treasurer, P.O. Box 25, Menasha WI 54952. hlaafoxvalley@gmail.com

2020 Chapter Sponsors

Platinum Level (\$200 or More)

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Haviland Hearing Aids - Peter J. Zellmer, AuD; Kyle Martell, AuD Helen Hardt Family Fund/Fox Cities Community Foundation Rural Audiology Services, Waupaca

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We are grateful to everyone who has made smaller donations to our treasury, & to those who contribute personal resources of time, energy, mileage & more. We depend on them to make our chapter successful.

Our Mission: To share information, educate, advocate and provide support to people with hearing loss who choose to remain in the hearing mainstream with technology.

Meetings are open to the public, and are organized and run by volunteers.

You can Still Add Your Name to Our Sponsor List for 2020

Sponsors help cover the costs of facility rental, newsletter printing & mailing, convention stipends, and numerous other expenses the chapter incurs. HLAAFV is a 501©(3) registered non-profit. Donations are tax deductible, as allowed by law.

Thank you to everyone who supports us this way.

Disclaimer—HLAA does not endorse products or services. Mention of such is intended to provide readers & those who attend meetings with information on products or services that might be of interest, & is not a recommendation or endorsement.

P.O. Box 25
Menasha WI 54952-0025

2020 Chapter Calendar

July 13: Summer Social CANCELLED

July 20: Cochlear Implant Group CANCELLED

August 10: Challenges of Hospitalization with Hearing Loss

September 14: Canine Companions for Independence

October 12: Balance, Vertigo & Other Issues

November 9: Stigma, Stress, Denial, Fatigue; H.L Crazies **December 14:** Holiday Social at Appleton Yacht Club

Details on programs and presenters will be on the front page of each month's newsletter/meeting notice.

We regret that our regular meetings are tentative at this time. We know you understand.

Stay Safe & Healthy Everyone!!!!



2019 Chapter Leadership Board

President: *Christine Klessig bommaklessig@gmail.com

Vice President: *Dale Voskuil voskuild@gmail.com

Secretary: VACANT (Seeking Support & Phone Contact)

Treasurer: *Michelle Frisbie michellelfrisbie@gmail.com

Program Chair & CI Group Chair: *Rhonda Clancey

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Member at Large & Newsletter Editor: *Julie Olson

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Support Crew: Dave Gilbertson, Bob Opsteen,

Jerry Van Handel, Paul & Harriet Zuicker

Feel free to contact any of us personally, or use the chapter's e-mail address. We will respond as soon as possible.

* Designates Members of the Chapter's Current Board of Trustees.

Cochlear Implant Group Update...

Hi Everyone! I hope everyone + their families have escaped Covid-19. As with all events in Wisconsin we have to cancel our quarterly CI support group meeting in July! Our meeting place, Festival Foods, takes our safety seriously. Our next group meeting is Oct. 19. Hopefully, we will then meet before the snow flies! We started sharing personal stories via the CI email list. Those of you on the list have received them. If you have a story to share, send it to me and I'll send it out to the Cochlear Implant group list. Here's mine:

I was suppose to retire April 25 but because the dental office had to close March 17-May 03. I went back to work May 20-June 13. Many of you saw my photo that was in the June issue of our chapter newsletter. I'm glad I worked, as it gave me a better understanding of how we must all be smart and protect ourselves and others. I felt that the large majority of mu patients had been following stay at home protocol.

Since May 26, when things started opening, I feel we all have become more relaxed, but know we still need to use common sense. Contact me at: rclancey@hotmail.com

Rhonda Clancey, CI Group Moderator



WJLL MEET AGAJN

AS SOON AS WE CAN...

Meanwhile

Stay Safe & Stay Healthy



Nancy Gilbertson, HOPE Moderator nancy.gilbertson2@gmail.com

Feel free to contact Nancy with your thoughts, ideas, questions and concerns.