



May Chapter Meeting & Presentation

Monday, May 10, 2021

Via Zoom Videoconferencing

Starts at 6:30 PM—Room opens at 6:15 PM

"Improve Your Hearing Relationship with Music"

Presenter: Dr. Brad Ingrao, AuD

Audiologist & musician, Dr. Brad Ingrao will discuss:

- How speech & music are different
- How to reconnect with music
- Why hearing aids and cochlear implants struggle with music
- How to identify your 'best' music
- A plan to improve your ability to hear & enjoy music



Dr. Ingrao has done online presentations on this topic for several HLAA chapters in other parts of the country. He and the program come highly recommended. He is a past member of the national HLAA Board of Trustees, and has contributed many articles to the magazine that comes with HLAA membership.

While Zoom may not be our favorite means of meeting, it allows us to engage presenters with unique programs from outside our geographical area. Let's look at the good side!

HOW TO PARTICIPATE ON ZOOM:

1. Register in advance to participate at this link:
<https://us02web.zoom.us/join/register/tZluduytpjsiGdSKRZHl8S35cslf4V7rt62a>
2. If you get this newsletter in print, e-mail us at:
hlaafoxvalley@gmail.com We will send you the live registration link by e-mail.
3. All registrants will receive a meeting reminder the day of the meeting.
4. Sign in at 6:15-6:20 so we can start at 6:30. (If you've not used Zoom before, you may have to sign up. Follow prompts. This is a one time thing.)
5. Join with audio and also with video.
6. The host will let you into the meeting room.
7. ENJOY THE PRESENTATION!
8. Time for discussion afterwards.

Cheers to HLAA Fox Valley Fox Trotters walk team!!

Team members, and family/friend supporters gathered to cheer on our chapter's walk team. At the time of this printing, the team has raised 53% of their goal of \$3000. With help from friends and family we hope to reach our goal.

We would love to have more team members from the chapter. Sign on to captain Rhonda's team at www.walk4hearing.org Go to the MilwaukeeWalk4Hearing to join or donate. The more the merrier! More shows our chapter's support for the organization that gives us hope!

It's a virtual walk, so you don't have to go anywhere! It will all be done online on June 13th via Zoom.

Donations can be made at the website. They can also be made via Facebook to team member Julie Metternich Olson. It's a TEAM thing. We're not in competition with each other. All support is most appreciated. The virtual walk will be held on Sunday, June 13th 8:45 AM. Everyone can participate. You can find information at the website.



WHY WE WALK!

The Walk4Hearing option gives us a chance to support one another, say thanks, and help erase the stigma that suggests we should all hide our hearing loss... all while helping raise funds to further HLAA's vital work on behalf of people with hearing loss.

Have you watched the movie *“Sound of Metal”*? It was nominated for ‘Best Picture’, and for several other awards at the 2021 Oscars, so has received a lot of publicity and many viewings.



Unfortunately, the movie gives a lot of false impressions about hearing loss and treatments for it. HLAA, the American Cochlear Implant Alliance, and other organizations that promote and believe in using technology to treat hearing loss are concerned about the false impressions this story gives. It is not a documentary; it's a drama, but people tend to embrace concepts in such stories. In this one, you definitely get the message that cochlear implants (CIs) are a waste of money.

The hearing healthcare providers in the film, from the surgeon to the audiologist, give absolutely no support to the character. The timeline is unrealistic. The push for him to learn sign language and become involved in a deaf school is unrealistic.

HLAA, and other organizations are educating and advocating worldwide for greater awareness and acceptance of CIs.

(Some information above is from an article written by Lise Hamlin, director of public policy at HLAA.)

The first-ever World Report on Hearing from the World Health Organization (WHO) says that 2.1 billion people live with hearing loss, and the numbers are growing. The report states that nearly 1 trillion International dollars are lost annually from unaddressed hearing loss. At the same time, WHO says the investment in ear and hearing care is cost-effective.

HLAA 2021 Convention, the world's premier event for people with hearing loss, will be held virtually. This three-day event will be full of educational workshops, innovative HLAA exhibitors, a research symposium, and unique networking opportunities that are typical of in person HLAA Conventions.



This unique event is geared toward educating the lay audience of people with hearing loss about research. The 2021 Research Symposium is supported by the National Institute on Deafness and Other Communication Disorders (NIDCD), National Institutes of Health (NIH).

There is also a unique exhibitor format that will allow you to enter a space and ask questions of exhibitors about products. Each year there are new innovative technologies and possibilities. Don't miss it!

More information coming at the national website
about registration, timeline, etc. www.hearingloss.org

1. Become more visible in the community.
2. Make presentations on hearing loss available to service organizations, etc.
3. Find ways to get information about HLAA out to people who can benefit from what HLAA shares.
4. Expand our leadership team.
5. Recruit volunteer helpers.

Email us if you're willing to help.

Get ready for July

Get your ALOHA on for:

HLAA Fox Valley Chapter's Summer Social

July 12th

at Appleton Yacht Club.

Get your Hawaiian shirt out.

Let's party Hawaiian style!



April Chapter Meeting Summary...

Audiologist Brittany Uitenbroek began by taking us back to the basics of better hearing during her ZOOM presentation on April 12. She outlined the major health factors affecting hearing including cardiac health, diabetes, ototoxicity, safety/balance and cognitive decline.



It was interesting to learn about the inner ear's extreme sensitivity to blood flow. As such, stable blood pressure of an individual is a key component of hearing wellness. Dr. Uitenbroek was able to demonstrate how various medical conditions can impact hearing health.

She went on to describe the variety of hearing assistive technologies available today - touching briefly on noise management, AI (artificial intelligence), Bluetooth connectivity for direct streaming, hearing loops and telecoils, smart phone Apps, etc. Suffice it to say there is a ton of technology out there - which is why it is so important to have a trusted and continuing relationship with your audiologist to help you navigate what works best for you. The six major hearing aid companies identified by Dr. Uitenbroek are Signia, Oticon, Resound, Widex, Phonak and Starkey.

There was plenty of time for the 26 people in attendance to ask specific questions at the end of the program.

Thank you Dr. Uitenbroek for your most excellent overview of how assistive technology can help us to have better hearing.

The Sponsor Program is Fox Valley Chapter's Main Fundraiser. Names will be added as donations are received. If your name or business is not listed correctly, please let us know immediately. **If you would like to support the chapter this way, send your check to: HLAA-Fox Valley Treasurer, P.O. Box 25, Menasha WI 54952.**

hlaafoxvalley@gmail.com



2021 Chapter Sponsors

Platinum Level (\$200 or More)

Ascension Audiology - Debra Engebos AuD, Lisa Esser Aud, Susan Iwanski, AuD

Fox Valley Hearing Center - Melissa Dintelman AuD; Jody Jedlicka, AuD; Stephanie Long, AuD; Brittany Uitenbroek, AuD; Candy McGinnis, AuD

Haviland Hearing Aids - Peter J. Zellmer, AuD; Kyle Martell, AuD

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Bronze Level (\$25 - \$49)

Lorna Hamilton, Don Harteau, Fred Lilly, Robert Opsteen, Kenneth & Mary Ann Walter, Katie Weber, Kathleen Wiers

We are grateful to everyone who has made smaller donations to our treasury, & to those who contribute personal resources of time, energy, mileage & more. You all help make our chapter successful.

Our Mission: To share information, educate, advocate and provide support to people with hearing loss who choose to remain in the hearing mainstream with technology.

Meetings are open to the public, and are organized and run by volunteers. Like most small organizations, we need more volunteers!

How to Participate in National Webinars & other HLAA Groups Educational Meetings

Most HLAA Chapters and State Organizations have been transitioning their in-person meetings to virtual meetings online during the pandemic. Some are opening their meetings to others throughout the country. Many of these meetings & educational opportunities are now listed in **one central calendar** from the HLAA Leaders List Groups.io calendar.

First, go to the [HLAA website](https://www.hlaa.org). There is a new purple calendar option in the upper menu bar. After you click on it, a new window will open. Click on the purple **FIND HLAA CHAPTER MEETINGS HERE** button to access the HLAA Leaders Groups.io calendar. This button is also on the [Find A Chapter page](#) on the HLAA website. Information is added as it comes in to the HLAA Leaders List Group. National HLAA webinars are also on this site.



Our newsletter is available by regular mail or e-mail.
The e-mail version is in color with live links.
Let us know your preference if you wish to change.

Disclaimer—HLAA does not endorse products or services. Mention of such is intended to provide readers & those who attend meetings with information on products or services that might be of interest, & is not a recommendation or endorsement.

HLAA-Fox Valley Chapter
P.O. Box 25
Menasha WI 54952-0025

2021 Chapter Calendar

May 10: How to Enjoy Music with Hearing Loss 6:30 PM

May 18: Cochlear Implant Group Meets 6 PM

June 14: Learn what "Hear in the Fox Cities" is/does.

July 12: Summer Social at Appleton Yacht Club

August—December: To be Determined

NOTE: Programs for the remainder of 2021 are still in the planning stage. Information will be in the newsletters.

Details on programs and presenters will be on the front page of each month's newsletter/meeting notice.

2021 Chapter Leadership Board

Officers:

President & Newsletter Editor: Julie Olson* julieo@athenet.net

Vice President: Dale Voskuil* voskuild@gmail.com

Treasurer: Michelle Frisbie* michellefrisbie@gmail.com

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rclancey@hotmail.com

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H.O.P.E. Chair: Dale Voskuil* voskuild@gmail.com

Chapter e-mail: hlaafoxvalley@gmail.com

Support Crew: Bob Opsteen, Jerry Van Handel, Paul & Harriet Zucker

Feel free to contact any of us personally, or use the chapter's e-mail address. We will respond as soon as possible.

* Designates Members of the Chapter's Board of Trustees.

...YOUR THOUGHTS...

- We hope to return to UUF when it's possible to meet in person. However, we are looking at other venue options.
- We ask you, our readers/members, to let us know if you know of any other venue possibilities.
- In the right setting, we could help a venue raise funds to install a hearing loop.
- We could use a small bit of storage space at the location.

Preference: Close to the Hwy 41 or 441 corridor.

Please contact us: hlaafoxvalley@gmail.com if you have ideas.



Cochlear Implant Group Will Meet on Zoom Tuesday, May 18th 6:00 PM

Hi Everyone! Spring has sprung! Goodbye winter!

I look forward to our next cochlear implant support group get together on Tuesday, May 18 at 6:00 PM on Zoom. Please sign in 5:45-5:55 so the meeting can start at 6:00.

Bring all questions and information that you can share with our group! Anyone who is considering a cochlear implant please feel free to join us. Our group is very informative and we all learn something new each time we meet.

This group is not brand specific, we will share information from recipients of all the different CI manufacturers, so if you're trying to decide which route to take in getting a CI, it might help to hear other people's experiences.

Meeting online has allowed people from outlying areas to attend. We are pleased to welcome them.

Wishing you a bright, warm, and beautiful Spring!

See you on May 18th!

Rhonda Clancey, CI Group Moderator



Yes, there still is H.O.P.E.

With Nancy and Dave Gilbertson stepping back a bit for a well-deserved rest, I have volunteered to host the meetings.

H.O.P.E. (Hearing Other People's Experiences), will continue to be a venue for discussing our concerns and for giving support and encouragement to those with hearing problems. The free-flowing informal discussion that is typical of H.O.P.E. meetings will again be "live and in-person" just as it was and was meant to be. We are grateful to Nancy & Dave for making H.O.P.E. a part of HLAA Fox Valley Chapter.



Location and time are still being discussed, so stay tuned.

Dale Voskuil, H.O.P.E. Moderator