



October 2021 Chapter Meeting

Monday, October 11, 2021

6:30 PM Via Zoom Video Conferencing



TOPIC: *Hearing Loss - Its Effect on the Brain, Cognitive Function and Social Relationships.*

PRESENTER: Dr. Margaret Wallhagen PhD

Dr. Meg Wallhagen, a past chair of the HLAA National Board of Trustees, is a professor of Gerontological Nursing at the University of California San Francisco. Her research, for the past several decades has focused specifically on hearing loss, including it's impact on relationships and cognition.

After realizing that Medicare creates a barrier by not covering the cost of hearing aids, along with recognizing a void in primary care that does not screen for hearing loss, Dr. Meg decided to devote her research, practice and advocacy efforts on hearing loss. This presentation was recommended to us by members of HLAA in other parts of the country. We look forward to this program.

Thanks to Zoom we can bring in these outstanding presenters!

HOW TO PARTICIPATE ON ZOOM:

1. **Register in advance for the meeting at:**
<https://us02web.zoom.us/join/zoom/register/tZYrc-Curj8sE9aP91XcMg0G8XwiEo2wCsYC>
2. **If you get this newsletter in print, e-mail us at:**
hlaafoxvalley@gmail.com We will send you the live registration link by e-mail.
3. Registrants will receive a notice of registration, AND a meeting reminder the day of the meeting.
4. Sign in at 6:15-6:20 so we can start at 6:30. (If you've not used Zoom before, you may have to sign up. Follow prompts. This is a one time thing.)
5. **Join with audio and also with video.**
6. The host will let you into the meeting room.
7. **ENJOY THE PRESENTATION!**
8. Time for discussion afterwards.

Hearing Loss Challenges in the Workplace...

The mission of HLAA is to open the world of communication to people with hearing loss by providing information, education, support and advocacy. This survey will help HLAA better understand the challenges you face in the workplace and when searching for employment. There is an option to select 'retired' in the survey, so feel free to tell it like it was if that applies to you. Please take a few minutes to complete this survey. Data is extremely helpful for advocacy. Survey at this link, or go to the HLAA website.

www.hearingloss.org

[Learn more](#)

October is National Protect Your Hearing Month

Raising awareness about noise-induced hearing loss is the focus of



National Protect Your Hearing Month, which is observed each October by the National Institute on Deafness and Other Communication Disorders (NIDCD) along with other organizations.

According to the Centers for Disease Control and Prevention (CDC), about 40 million adults ages 20 to 69 have hearing loss from noise. People at every stage of life—from young children to older adults—can be at risk for noise-induced hearing loss. Common threats include sirens, lawn equipment, and listening to loud music, whether live or through headphones or earbuds. It can happen instantly—when a loud sound happens very close to your ears—or it can occur gradually.

The good news is that noise-induced hearing loss is preventable. Lower the volume, move away from extreme noise when possible, and use ear protection in noisy settings.

The tendency towards noise induced hearing loss may be hereditary. Educate your kids and grandkids about hearing protection because they think they are invulnerable to this, just like many of us once did.

The NIDCD supports research on noise-induced hearing loss and other hearing disorders.

NIDCD Resources Here: [Hearing Protectors fact sheet](#)
[Noise-Induced Hearing Loss fact sheet](#)

Hear in the Fox Cities is holding a hearing aid raffle. Drawing on Oct 30th. Two premium sets of hearing aids will be given away. 10 tickets for \$20, 20 for \$35 or 30 for \$50. Last date to buy tickets is October 29th. Proceeds go to help kids with hearing loss get hearing aids. The link is <https://hearintheboxcities.rallyup.com/heartheexcitement/Campaign/Details>



Help Needed for Display Table with HLAA Information

We have committed to an exhibit table at a Volunteer Fox Cities event in Oshkosh on October 13th. This is an opportunity to let people know about HLAA, our chapter, etc.

Please e-mail us at hlaafoxvalley@gmail.com to let us know if you are able to help. As this is being written, we don't know the exact time frame for this, but will let those interested know as soon as we do.

Think about it...How did you learn about HLAA? Let's get the word out. We're too special to go unnoticed!



So many hard of hearing people could benefit from what HLAA shares. Let's get our information out to them! It's no fun to be alone with hearing loss.



The program's goal is for the audience to learn about the unique accommodations certain hospitals from around this country have for people with hearing loss. Each of our presenters are passionate advocates and will talk about the accommodations their hospitals provide for people with hearing loss.

[REGISTER](#)

New Engine Design Could Muffle Roar of Fighter Jets 09/17/2021 University of Cincinnati News Release...

Hearing loss and tinnitus are the leading causes of military disability claims, affecting more than 2.6 million former service members. The VA spends more than \$1 billion per year on hearing loss cases.

Aerospace engineers at the University of Cincinnati have come up with a new nozzle design for F-18 fighter planes to dampen the deafening roar of the engines without hindering performance. This extreme noise affects pilots, crew, those on flight decks, and the communities that surround the air bases.

Both military and commercial aviation have a strong financial interest in reducing this kind of noise. UC's preliminary lab results hold promise for reducing jet noise in both commercial and military aviation. UC and the Navy have applied for a joint patent.



It's Never Too Late to Learn!!

UW Oshkosh is offering 2 classes at UWO Fox Cities Campus. Classes are free, but registration is required. Register at 920-832-2636.

Zoom for Beginners. Learn to use Zoom with family & friends

Thursday, October 14th 4-5:30 PM virtual or in person.

NOTE: Anyone can use the free Zoom app. You just have to know how. It's a great way to connect!

Don't be fooled by your smartphone. Learn how to make your smartphone your greatest helper! Virtual or in person.

Oct. 28th, November 4, 11, 18 from 4-5:30 PM

Instructor for both classes is Ahilan Sivasamy, computer science lecturer at UWO Fox Cities Campus.

Class size is limited.



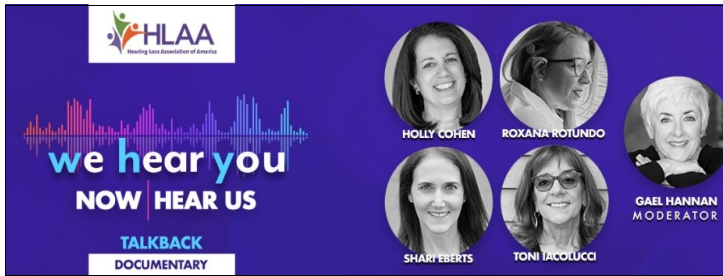
**HLAA Convention
2022 UPDATE**

HLAA is very excited to be hosting an in-person Convention again. This year the exhibit hall, workshops, demo presentations, plenary sessions, social events and Research Symposium will all be held under one roof at the brand new JW Marriott Tampa Water Street.

June 23-June 25 in Tampa Florida.

- ◆ There are national scholarships available for first timers.
- ◆ The chapter will provide some financial support for chapter members who attend. We need an official chapter delegate. Let your board know if you are interested. hlaafoxvalley@gmail.com
- ◆ Early Bird Registration opens on Nov. 29th. (Ends March 4th.)
- ◆ Call for papers for anyone who would like to present ends on Dec. 10th.

Basic information is on the HLAA website now. More is coming. Watch for it. www.hearingloss.org



Another Opportunity to See this Excellent Documentary!

We Hear You is a groundbreaking documentary about hearing loss, the invisible disability that impacts 430 million people worldwide; 48 million in the USA alone.. By shining a light on the hearing loss experience, it strives to build awareness, community and a more inclusive world for all.

HLAA is repeating the opportunity for the experience! Be sure you watch the documentary prior to the talkback event.

Don't miss HLAA's exclusive encore Talkback with the filmmakers of "We Hear You." Executive produced by HLAA Members Holly Cohen, Shari Eberts and Roxana Rotundo, the film also features HLAA Member Toni Iacolucci.

"We Hear You" was named **Best Film on Disability** in the June 2021 awards of the Cannes World Film Festival.

The Talkback Encore, moderated by Gael Hannan, will provide a behind-the-scenes look at the making of the documentary—across two continents during the COVID-19 pandemic—and give the filmmakers the opportunity to hear from you—the hearing loss community. For more information about the film visit we-hearyou.com.

For those who missed the chance to watch "We Hear You," the documentary about hearing loss produced by VIP 2000 TV, you can view it at the below link until October 28th.
<https://player.vimeo.com/video/584546807>

Well worth your time from those of us who have seen it. If you have hearing loss, you will identify with much of it.



**Worth
Repeating!**



HLAA has been meeting with members of Congress, encouraging them to vote YES! to expand Medicare to include hearing aids and services. New legislation is coming up soon that we hope will include a provision for hearing health care under Medicare.

Tell your Senators and Congress members that hearing health care is important to you!

Visit their official websites to send your emailed comments. Or visit their Facebook pages. They listen to voters!

[Find your representative](#)

<https://www.house.gov/representatives/find-your-representative>

[Find your senator](#)

<https://www.senate.gov/senators/senators-contact.htm>

The Sponsor Program is Fox Valley Chapter's Main Fundraiser. Names will be added as donations are received. If your name or business is not listed correctly, please let us know immediately. **If you would like to support the chapter this way, send your check to: HLAA-Fox Valley Treasurer, P.O. Box 25, Menasha WI 54952.**

hlaafoxvalley@gmail.com



2021 Chapter Sponsors

Platinum Level (\$200 or More)

Ascension Audiology - Debra Engelos AuD, Lisa Esser Aud, Susan Iwanski, AuD

Audiology & Hearing Center at ENT Surgical Associates - Kristin Borgen AuD, Beth Gabavics AuD, Nicole Maxam AuD

Fox Valley Hearing Center - Melissa Dintelman AuD; Jody Jedlicka, AuD; Stephanie Long, AuD; Brittany Uitenbroek, AuD; Candy McGinnis, AuD

Haviland Hearing Aids - Peter J. Zellmer, AuD; Kyle Martell, AuD

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Becky Franz AuD, Cari T. Kramer AuD

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Bronze Level (\$25 - \$49)

Barbara Abhold, Lorna Hamilton, Don Harteau, Fred Lilly, Robert Opsteen, Kenneth & Mary Ann Walter, Katie Weber, Kathleen Wiers

We are grateful to everyone who has made smaller donations to our treasury, & to those who contribute personal resources of time, energy, mileage & more. You all help make our chapter successful.

Our Mission: To share information, educate, advocate and provide support to people with hearing loss who choose to remain in the hearing mainstream with technology.

Meetings are open to the public, and are organized and run by volunteers. Like most small organizations, we need more volunteers!

Our newsletter is available by regular mail or e-mail.
The e-mail version is in color with live links.
Let us know your preference if you wish to change.

Disclaimer—HLAA does not endorse products or services. Mention of such is intended to provide readers & those who attend meetings with information on products or services that might be of interest, & is not a recommendation or endorsement.

HLAA-Fox Valley Chapter
P.O. Box 25
Menasha WI 54952-0025

2021 Chapter Calendar

October 11: The Impact of Hearing Loss on your Brain

October 23: HLAAWI Annual Meeting

November 8: Get in the Loop with Juliette Sterkens

December 13: Holiday Social at Appleton Yacht Club

NOTE: Because our meeting facility has not yet opened to outside groups, it looks like we'll be Zooming this Fall.

HLAA Wisconsin Annual Meeting

Saturday, October 23rd 9:30—Noon

Via Zoom Videoconferencing

This annual meeting is open to all Wisconsin residents who are national members of HLAA. It is an opportunity to learn what HLAA is doing at the state level, and perhaps find out ways you might want to help. The board election will be held. The ballot is available at www.hlaawi.org Be sure to vote!

We are pleased to announce that Michelle Frisbie, HLAA Fox Valley Chapter treasurer, has applied for a seat on the state board. She will assume the role as state treasurer if elected. Don't forget to vote!

www.hlaawi.org Ballot is on the home page.

2021 Chapter Leadership Board

Officers:

President & Newsletter Editor: Julie Olson* julieo@athenet.net

Vice President & HOPE Chair: Dale Voskuil* voskuild@gmail.com

Treasurer: Michelle Frisbie* michellelfrisbie@gmail.com

Secretary: Christine Klessig* bommaklessig@gmail.com

Program Chair & CI Group Chair: Rhonda Clancey*
rclancey@hotmail.com

Member at Large: Jane Young* YBLUEJAY@aol.com

Social Committee: Christine Klessig*, Grace Zurovitch,
Chris Moylan

Chapter e-mail: hlaafoxvalley@gmail.com

Support Crew: Bob Opsteen, Jerry Van Handel, Colleen Van Rooy, & Paul & Harriet Zuicker

Feel free to contact any of us personally, or use the chapter's e-mail address. We will respond as soon as possible.



Cochlear Implant Group Update

The CI group held a successful meeting on September 23rd. Great conversations and a lot of learning! The next meeting will be on Tuesday November 16th at 6:00 PM. Mark your calendars.

Feel free to e-mail me with any questions and/or to get on our special CI e-mail list. rclancey@hotmail.com

Rhonda Clancey, CI Group Moderator



H.O.P.E. held an informal gathering on Sept. 15th. Eight people came together to share ideas and enjoy visiting. It was refreshing to see everyone. It felt good to be able to restore the special bond we have with our friends who have hearing loss. We are still up in the air about holding meetings, but have agreed to hold our H.O.P.E. meetings prior to regular chapter meetings when we are able to meet again in person. Realistically, that will likely happen in 2022. Meanwhile, I encourage you all to participate in the regular chapter meetings that are held each month on Zoom.

Dale Voskuil, H.O.P.E. Moderator voskuild@gmail.com



September Meeting Synopsis...



Thank you to the two delightful ladies from The Chiropractic Advantage in Appleton for the excellent program they presented at our September Zoom meeting. Callie

Huft Occupational Therapist and Anna Brayton Nutritionist, shared information about how mental and emotional health influence healing and wellness. We learned more about how specific health care, including good nutrition and exercise can have a positive affect on balance, an issue we all should be concerned about. The strong association between balance, hearing loss and falls is very real. They did a great job of recognizing the correlations between hearing loss and other wellness issues. Their information was well presented and very interesting.

PLEASE LET US KNOW... We had some unusual technical issues with Zoom in September. We hope it has been resolved by upgrading to Zoom's most recent platform. If YOU had problems getting into the meeting, or anything else, it would help us to know that. Send us a message at hlaafoxvalley@gmail.com We want to document these issues so we can be sure they are fixed. **If you are asked to upgrade when you sign into Zoom. Definitely do so.**